

Program Summary

The Community Services program provides home-based, therapeutic support and stabilization for individuals and families in need throughout Massachusetts.

The Community Services program utilizes a trauma-oriented, strength-based approach to provide comprehensive services to individuals and families referred by the Department of Children and Families (DCF) or the Department of Developmental Services (DDS). The Community Services program incorporates three distinct sub-programs: Comprehensive Support and Stabilization (CSS), Developmental Services (DDS), and the EAST Project. COMPASS Family Specialists and Clinicians work to develop, support, and strengthen the skills that individuals and families need to provide a safe and supportive environment for themselves and their children.

The Community Services program is a service that is action-oriented and responsive to specific, well-defined goals in conjunction with the evolving needs of individuals and families. The program is not a prescribed service in which an individual or family needs to conform to a particular structure. Staff make contact with individuals and families as often as is requested or needed, when and where it is most convenient and constructive for the individual or family. Family Specialists and Clinicians conduct individual and family sessions to establish and/or enhance positive behaviors along with identifying and leveraging systemic strengths.

CONTRACT MODELS

<u>Comprehensive Support and Stabilization (CSS Program)</u>

COMPASS offers two different levels of Comprehensive Services designed to meet the varying needs of parents/caregivers and children.

<u>Comprehensive Services – Intensive Family</u>

The Intensive Family service model provides team-based, in-home support with a focus on child safety, stability, and family reunification. Services are delivered both on a scheduled basis and with 24/7 emergency response to address urgent family needs. Families receiving Intensive Family services receive a minimum of three in-person visits per week from a team consisting of a master's level Clinician and an appropriate combination of Parent Aides and Family Specialists (mentors).

This model follows a "whatever it takes" approach and services are customized to meet each family's unique needs, both through direct support and connections to community-based resources. This model also incorporates the use of pre- and post-service Protective Factor Surveys to measure progress. Families may transition between different levels of Comprehensive Services as their needs change, stepping up or down in intensity as necessary.

<u>Comprehensive Services - Therapeutic</u>

The Therapeutic service model provides team-based, in-home support for times when individual and/or family therapy is needed. Like the Intensive Family model, the Therapeutic model includes scheduled services, as well as 24/7 emergency response, and delivers a variety of supports to promote child safety, stability, and reunification. Additionally, the services and therapy provided under the Therapeutic model are guided by a licensed Clinician.

This model is best suited for families requiring clinical intervention alongside comprehensive supportive services. As with the Intensive Family model, the Therapeutic model, incorporates the use of pre- and post-service Protective Factor Surveys to measure progress. Families may transition between different levels of Comprehensive Services as their needs change, stepping up or down in intensity as necessary.

<u>Developmental Services (DDS Program)</u>

COMPASS provides two different models of DDS Services designed to meet the varying needs of individuals and their families.

<u>Family Support Navigation</u>

The DDS Family Support Navigation model provides clients and their families with expert, unbiased information and referral services to help families identify their needs, explore resources, and connect with local and state-funded supports. Individuals and families receiving this support work with COMPASS Family Navigators who provide culturally responsive services and who have experience working with children, adults, and families with intellectual and developmental disabilities.

In-Home Supports

The DDS In-Home Supports model is designed to assist individuals with acquiring, maintaining, or improving the skills necessary to live in the household of their choosing. Services include working with COMPASS to develop skills related to personal finance, health, household management, use of community resources, safety, and other social and adaptive skills, and may include training or education in self-determination or self-advocacy. The In-Home Supports model is flexible in nature and our staff accommodate the varying and often changing support needs of the individuals they serve.

CORE COMPONENTS

Personal

Staff engage with individuals and families in therapeutic services across an array of settings to learn and apply appropriate and healthy ways to process their feelings, emotions, and situations.

Every referral that Community Services staff are assigned to has different needs; therefore, individualized and developmentally appropriate interventions are utilized. The number of staff assigned to each referral is based upon the unique needs of each situation.

Relational

Staff partner with individuals and families to identify and continue to develop healthy, supportive relationships at home and in society.

Community Services staff are a resource for individuals and families to establish and/or enhance their relationships. Staff facilitate discussions with individuals and families to establish and agree upon shared expectations, which requires a consistent and closely monitored effort by all.

Environmental

Staff engage with individuals and families in therapeutic services across an array of settings to learn and apply appropriate and healthy ways to process their feelings, emotions, and situations.

Every referral that Community Services staff are assigned to has different needs; therefore, individualized and developmentally appropriate interventions are utilized. The number of staff assigned to each referral is based upon the unique needs of each situation.



Our Community Services staff are currently working with 18 DCF & 5 DDS area offices:

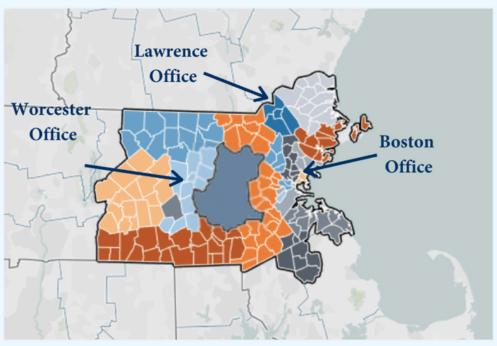
Brockton, Cambridge, Coastal, Framingham, Greater Haverhill, Greater Lowell, Greater Waltham, Harbor, Haverhill, Hyde Park, Jackson Square, Lawrence, Lynn, Metro North, North Central, Park Street, South Central, Worcester East, Worcester West. DDS Offices include Boston, Braintree, Brockton, Charles River West & Lawrence.



Languages Spoken by Staff:

Cape Verdean Creole, English, Mandarin, Haitian Creole, Hindi, Portuguese, Nepalese, Spanish, and Vietnamese.

COMMUNITY SERVICES COVERAGE AREAS



For more information about Community Services programs and our EAST Project Program, please visit us at compassboston.org.

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